

COVID-SCHOOLING

Transition Week Daily Plan

MORNING ROUTINE

- 8:30 - Wake Up!**
Screens allowed, get your breakfast, & brush your teeth.
- 10:00 - Outside Activity**
No screens. Go outside for some exercise or playtime.
- 11:00 - Girls' Tasks**
1/2 hour reading
1/2 hour math
- 11:00 - Boys' Tasks**
No screens. Shower. Mom will assign chores for you to do.
- 12:00 - Lunch Break!**
Eat lunch. Clean kitchen from breakfast & lunch. Relax.
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AFTERNOON ROUTINE

- 1:30 - Girls' Tasks**
No screens. Mom will assign chores or projects for you to do.
- 1:30 - Boys' Tasks**
1/2 hour reading
1/2 hour school/music practice
- 2:30 - Free Time!**
Screens allowed. Play time. TV time. Occupy yourselves.
- 4:00 - Outside Activity**
Pool time and outside play. Let Dad finish his day in peace.
- 6:00 - Dinner Time!**
Clean up your messes. Set the table. Help mom. Then, let's eat!
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MOM'S TO-DO LIST

ON TODAY'S MENU

Breakfast	Lunch	Dinner